

Sea & Levels 150k & 200k

Key:-

L - left *(route passes thro*
R - right *places in CAPITALS)*
SO - straight on/over
X - cross roads (give way or deviation)
trls - traffic lights
T - T-junction
rbt - roundabout
sn - signpost

Permanent events organised by Exeter Wheelers CC, under Audax UK regulations
Ian Hennessey, 10 High Street, Honiton, EX14 1PU
OS Landranger 172, 182, 193.

Ride at AUK randonneur standard (200km at 15 - 30kph); or at Touristique, Brevet Populaire standard (100km per day): Brevet cards available for both standards at £3.00. *(Order from I Hennessey, address above, on the enclosed form, allowing at least 3 weeks, and enclosing 2 SAEs. Return the card after the ride with all the control boxes completed and it will be validated by AUK and returned to you.)*

Or ride and sight-see in your own time, and just enjoy the scenery, the cafés and the pubs.

Some places of interest on the route

Lyme Regis. *(Nearest station: Axminster.)* Setting for John Fowles's 'The French Lieutenant's Woman'. Jane Austen set part of 'Persuasion' here. The Duke of Monmouth landed here in his unsuccessful bid for the Crown. Visit the Museum; the Cobb; Monmouth Beach, with its fossils; the Landslip.

Forde Abbey. Founded 1146. One of the most significant Cistercian monasteries in England.

Muchelney Abbey. Benedictine abbey founded AD950

The Somerset Levels. Ancient wetlands

Peat Moors Visitors' Centre by the Willows Garden Centre

Cheddar. The Gorge; the caves; Jacob's Ladder

Clevedon. Victorian seaside town, with pleasure boat sailings from the pier.

Glastonbury. The Tor; The Abbey; New Age shops and cafés

Ham Hill. Roman hill fort

Marshwood Vale. An area of outstanding natural beauty.

Audax United Kingdom, with over 3,500 members, is one of Britain's largest and fastest-growing cycling clubs. AUK promotes non-competitive long-distance cycling as

the British representative of the Randonneurs Mondiaux, the international cycling movement which originated in France.

Membership details from Gerry Goldsmith, The Orchard, Swallow House Lane, Hayfield, High Peak, SK22 2HB

Calendar of events and lots of cycling information at **www.audax.uk.net**

Sea & Levels 150k &

200k

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under Audax UK regulations
Ian Hennessey, 8 Nap View, Awliscombe,

Start Lyme Regis

From Broad Street, head uphill to

1st R (fork) into Silver St *sp Axminster*

SO mini rbt

2nd R into Tappers Knapp *sp Rocombe*

R (Red Lane X) *sp Harcombe*

SOX Red Lane

SOX (A35) Green Lane

R at T

L at Wareham X *sp Hawkchurch*

SOX *sp Westhay*

R at T *sp Thorncombe*

1st L *sp Forde Abbey*

R at T *sp Winsham*

1st L *sp Ford Abbey*

40km

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SOX (B3162) *sp Crewkerne*

R at T

R at T (A30) *sp Crewkerne* and

1st L *sp Cricket Malherbie*

2nd R (fork) *sp Cudworth*

2nd L (*holly bush triangle*) to **DOWLISH WAKE**

R at T

R at T *sp Ilminster*

R at T *sp Crewkerne*

1st L *sp SHEPTON B'CHAMP*

1st L (fork)

SO staggered X

SOX

thro S B'CHAMP, continue for 12kms

R at T *by church*

L at T (A372) *sp Bridgwater*

SOX into minor Rd *sp Wearne*

R at T and **1st L**

1st R (triangle)

L at T

R & L (A361) into Pedwell Hill

L & R (A39)

CONTROL *Westhay or Sweet's cafe 1km on R. 85km*

2

L at T (B3151) *sp WEDMORE*

2nd exit mini rbt *sp Burnham*

R at T *sp Cheddar*, **L at T** *sp Cheddar*

R *sp Cheddar, 75km* or continue to Clevedon

CONTROL *in Cheddar if you are turning here*

• (*optional Clevedon section*)

• **L at T** (A371) *sp Axbridge*

• **R on LH bend** *sp SHIPHAM*

• **R at T** (A38) *sp Bristol*

• **SO trls**

• **L on to B3133** *sp CLEVEDON*

• **L at mini rbt** (B3133)

• **R at trls & L** (B3133)

• **2nd exit rbt** (B3133)

• **1st exit rbt** *sp sea front*

• **L at T** *sp sea front*

• **1st L** along sea front *The Beach*

• **CONTROL** *Cafés on right 122km*

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• **L from control**

• **& R at T**

• **1st R** *sp Portishead*

• **3rd exit rbt** *sp YATTON*

• **1st exit rbt** (B3133)

• **R at trls & L at trls** (B3133)

• *thro CONGRESBURY to*

• **R at A38, SO trls**

• **L by garage** *sp Shipham*

• **L at T** *sp Wells*

Follow sp WEDMORE (B3151)

In Wedmore L *sp Wells* (B3139)

R 100m after Panborough Inn *no sp*

L at T, SOX

SOX *sp GLASTONBURY*

L at T (B3151)

94/144km

SO rbt to carparks & pedestrian access to centre

or **R at rbt** and follow sp's town centre

CONTROL *any café or garage in the town*

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Retrace to A39 *sp STREET*

L at rbt *sp SOMERTON* (B3151)

follow sp's Somerton

R *sp SOMERTON*

L at rbt *sp town centre*

Fork L *sp MARTOCK*

R & L at A372 *sp MARTOCK*

L opp Brookes Ga *sp STOKE SUB HAMDON*

L at T & 1st R *sp Ham Hill*

Fork R *after carpark top of hill*

follow sp's CHISELBOROUGH

L at T *in Chiselborough*

follow sp WEST CHINNOCK

R into Scots Lane

L at T (A356) *to CREWKERNE*

R at T

keep R and SO *sp Lyme Regis* (B3165)

through MARSHWOOD

Fork L *by 'Raymond's Hill' sign* (Green Lane)

SOX (A35) *into Red Lane*

SOX *sp Uplyme*

L at X *sp Rocombe*

L at T *sp LYME REGIS*

CONTROL *at cafés or pubs in the town 150/200km*

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